



SUVEDA AYURVEDA

FULL

MOON

CIRCLE

21. JUNE 2024

VIENNA

PRANA CHANDRA



Full Moon Celebration the night after the Summer Solstice. Deep exploration of Tantra and Ayurveda Teachings on Shiva and Shakti, the Male and Female Energies guided by Ayurveda Vaidya Satyajith Kadkol.

- **Guided Practice to balance your male & female energies**
- **Sunset Meditation**
- **Community ritual**
- **Live music**

It is a potent time for setting intentions, releasing old patterns, and embracing new beginnings.

Meeting point: Steinhofgründe, 1140

Time: 19.30 - 22.00

Registration: ausbildungen@vedavital.at

Ticket: 59,-