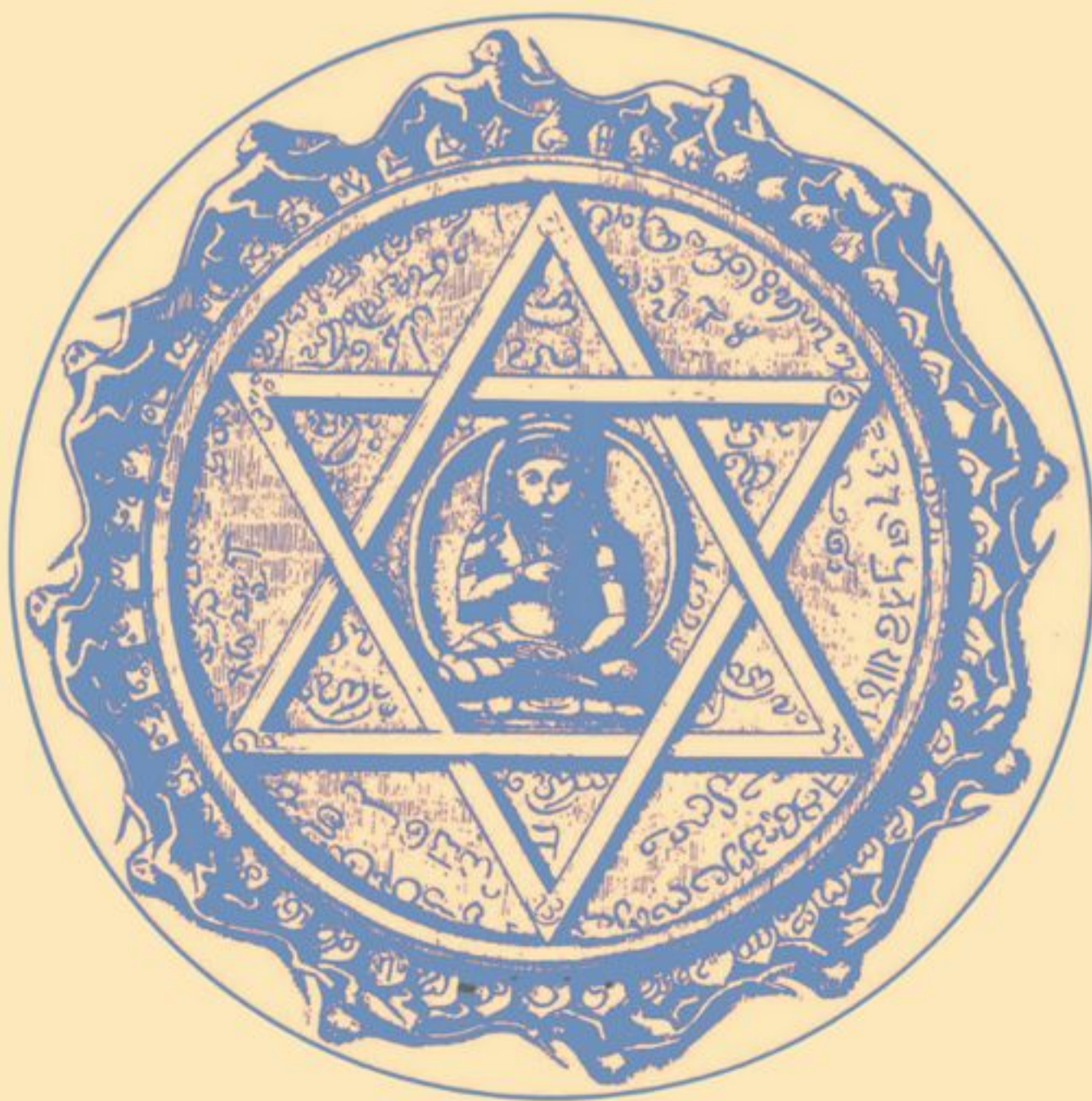




MASTER CLASS

VATA DOSHA



WITH AYURVEDA VAIDYA

SATYAJITH KADKOL

28.- 30. JUNE 2024

VIENNA

AYURVEDA MASTERCLASS

Join us for this three day seminar to learn beyond the mind. Deep exploration of Ayurvedic knowledge to balance Vata Dosha for your mind, body & soul.

Day 1: Mind - Theory & Vata mind

Day 2: Body - Physiological Vata Indications & holistic body work techniques, Vata cooking class with Vaidya Namita Khanna (USA)

Day 3: Soul - Emotions, Soul, Distress



Fr, 16.00 - 19.00 | Sa & Su, 9.00 -17.00
(Lunchbreak 12.00-14.00)

incl. 1 Ayurvedic Lunch

Ticket: € 649,-

INFOS & REGISTRATION

ausbildungen@vedavital.at

PLACE

Veda Vital Institute, Altgasse 23/8,
1130 Vienna



AMOGHA AYURVEDA